

**Kenosha Unified School District
Physical Education Curriculum
Elementary School: Grades 3 – 5**

Big Ideas:	Guiding Questions:
<p>Thinking and planning allows for performance in a shorter time period with less effort.</p> <p>Working together as a team, greater success can happen as opposed to working as individuals.</p> <p>People who are fit engage in physical activity on a regular basis.</p> <p>Participation in physical activities and/or sports will provide an opportunity for developing an understanding and respect for differences among people.</p> <p>Leadership is best shown through actions that encourage everyone to perform better.</p> <p>Positive decision making about fitness contributes to a healthy lifestyle.</p>	<p>What types of movement skills can I combine?</p> <p>What motor skills can I apply to new skills and games?</p> <p>How do I get better?</p> <p>What daily physical activities do I participate in?</p> <p>What are the health benefits of being physically active?</p> <p>How do I get better?</p>